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Education Information

Expertise In Medicine, İstanbul University, İstanbul Tıp Fakültesi Sağlık Bilimleri , Fiziksel Tıp Ve Rehabilitasyon, Turkey
1984 - 1988

Undergraduate, Bursa Uludağ University, Tip Fakültesi, Turkey 1974 - 1980

Foreign Languages

English, C1 Advanced

Research Areas

Medicine, Health Sciences, Internal Medicine Sciences, Physical Medicine and Rehabilitation

Academic Titles / Tasks

Professor, İstanbul University, İstanbul Medical Faculty, Division of Medical Sciences , 1984 - Continues

Academic and Administrative Experience

İstanbul Üniversitesi, Dahili Tıp Bilimleri, 2011 - 2014

Advising Theses

SİNDEL D., Akut Myofasyal Ağrı Sendromu Olan Kadın Hastaların Tedavisinde Kinezyolojik Bantlamanın Farklı Teknikleri Olan Kas İnhibisyon ve Alan Düzeltme Tekniklerinin Etkinliğinin Araştırılması, Expertise In Medicine, F.Merih(Student), 2015

SİNDEL D., Fibromiyalji sendromu tanısıyla takip edilmekte olan kadın hastalarda uzun ve kısa süreli interdisipliner tedavi yaklaşımlarının etkinliği, Expertise In Medicine, İ.SARAL(Student), 2011

SİNDEL D., Lateral epikondilitli olgularda mulligan mobilizasyon tekniğinin etkinliği, Doctorate, A.ÇAKMAK(Student), 2010

SİNDEL D., Karpal tünel sendromu olan hastalarda Deksametazon iyontoforezi tedavisinin etkinliği ve ultrason tedavisi ile karşılaştırılması, Competence In Art, T.DUYMAZ(Student), 2008

SİNDEL D., kistik fibrozisli olgularda pulmoner rehabilitasyonun solunum fonksiyonları ve yaşam kalitesine etkisi, Postgraduate, Ç.İNCESU(Student), 2006

SİNDEL D., Plyometrik egzersizlerin alt ekstremite kas gücü kemik mineral yoğunluğu ve kemiğin ultrasonik parametrelerin üzerine etkisi, Postgraduate, O.ÇOBAN(Student), 2004

SİNDEL D., Akciğer kanserine bağlı lobektomi uygulanan hastalarda pulmoner rehabilitasyonun etkileri, Expertise In Medicine, H.ERKUŞ(Student), 2004

Published journal articles indexed by SCI, SSCI, and AHCI

- I. **Correlation of clinical signs and magnetic resonance imaging findings in patients with lumbar spondylosis**
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- II. **Efficacy of Mesotherapy for Pain, Function and Quality of Life in Patients with Mild and Moderate Knee Osteoarthritis: A Randomized Controlled Trial**
Tseveendorj N., Sindel D., Arman S., Şen E. İ.
JOURNAL OF MUSCULOSKELETAL & NEURONAL INTERACTIONS, vol.23, no.1, pp.52-60, 2023 (SCI-Expanded)
- III. **Shedding light on work-related and non-work-related hand injuries from the social work perspective**
Is E. E., Gudek K., Oral A., Sindel D.
Work (Reading, Mass.), vol.75, no.3, pp.859-867, 2023 (SSCI)
- IV. **Effect of Transcranial Direct Current Stimulation on Pain and Physical Functions in Individuals with Lumbar Spinal Stenosis: A Double-Blind Randomized Sham-controlled Study**
Is E. E., Aksu S., Karamursel S., Ketenci A., Sindel D.
ACTA PHYSIOLOGICA, pp.63, 2023 (SCI-Expanded)
- V. **Evaluation of the physical and emotional effects of the COVID-19 pandemic on patients with fibromyalgia and chronic low back pain: A multicenter cross-sectional controlled study**
Bagcier F., Kibar S., Evcik D., Ketenci A., Sindel D., SONEL TUR B., uenlue Z., TIKIZ C., Keskin D., ALP A., et al.
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- VI. **The clinical, functional, and radiological features of hand osteoarthritis: TLAR-osteoarthritis multi-center cohort study**
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- VII. **A multi-center, double-blind, randomized parallel-group Phase IV study comparing the efficacy and safety of thiocolchicoside ointment versus placebo in patients with chronic mechanical low back pain and an acute muscle spasm**
Ketenci A., Sindel D., KOCA T. T., KARAHAN A. Y., ERDAL A., AYDIN E., Sarifakioglu B., USTAÖMER K., Calis H. T., SARIKAYA S., et al.
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- VIII. **Kinesio taping application for rotator cuff disease: Beneficial or harmful? - A Cochrane Review summary with commentary**
AKPINAR F. M., SİNDEL D.
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- IX. **Effects of different rehabilitation approaches after surgery for flexor tendon injuries of the hand: A**

Cochrane review summary with commentary

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TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.68, no.4, pp.538-542, 2022 (SCI-Expanded)

- X. **Investigation of Effectiveness of Two Different Kinesiotaping Techniques in Myofascial Pain Syndrome: An Open-Label Randomized Clinical Trial.**

Akpınar F. M., Sindel D., Ketenci A.

Pain physician, vol.24, no.6, 2021 (SCI-Expanded)

- XI. **Manual Lymphatic Drainage May Not Have an Additional Effect on the Intensive Phase of Breast Cancer-Related Lymphedema: A Randomized Controlled Trial**

Sen E. I., Arman S., Zure M., Yavuz H., Sindel D., Oral A.

LYMPHATIC RESEARCH AND BIOLOGY, vol.19, pp.141-150, 2021 (SCI-Expanded)

- XII. **Comparison of complete decongestive therapy and kinesiology taping for unilateral upper limb breast cancer-related lymphedema: A randomized controlled trial.**

Basoglu C., Sindel D., Corum M., Oral A.

Lymphology, vol.54, no.1, pp.41-51, 2021 (SCI-Expanded)

- XIII. **Are environmental and behavioral interventions effective in reducing physical activity limitation and preventing falls in the visually impaired older individuals? - A Cochrane Review summary with commentary**

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TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.67, no.2, pp.250-253, 2021 (SCI-Expanded)

- XIV. **Updated approach for the management of osteoporosis in Turkey: a consensus report**

KİRAZLI Y., ÇALIŞ F., EL Ö., Kutsal Y. G., Peker O., Sindel D., TÜZÜN Ş., YAVUZ D., DURMAZ B., Akarırmak U., et al. ARCHIVES OF OSTEOPOROSIS, vol.15, no.1, 2020 (SCI-Expanded)

- XV. **The incidence of impingement syndrome in cases of cervical radiculopathy: An analysis of 220 cases**

Dernek B., Aydogmus S., Duymus T. M., Adiyekе L., Yardimci M. Y., Kesiktaş F. N., Sindel D., Ketenci A.

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- XVI. **The effects of Mulligan's mobilization with movement technique in patients with lateral epicondylitis**

Reyhan A. C., Sindel D., Dereli E. E.

JOURNAL OF BACK AND MUSCULOSKELETAL REHABILITATION, vol.33, no.1, pp.99-107, 2020 (SCI-Expanded)

- XVII. **The ability of calcaneal and multisite quantitative ultrasound variables in the identification of osteoporosis in women and men.**

Oral A., Esmaeilzadeh S., Yaliman A., Sindel D., Koseoglu P. K., Aydin T.

Turkish journal of physical medicine and rehabilitation, vol.65, no.3, pp.203-215, 2019 (SCI-Expanded)

- XVIII. **Comparison of Radial Extracorporeal Shock Wave Therapy and Traditional Physiotherapy in Rotator Cuff Calcific Tendinitis Treatment.**

DUYMAZ T., Sindel D.

Archives of rheumatology, vol.34, pp.281-287, 2019 (SCI-Expanded)

- XIX. **The Turkish Society of Physical Medicine and Rehabilitation (TSPMR) guideline recommendations for the management of fibromyalgia syndrome**

EVCİK D., Ketenci A., Sindel D.

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- XX. **Reliability and validity of Turkish version of Lymphedema Life Impact Scale**

Degirmenci B., Tunzun S., Of N. S., Oral A., Sindel D.

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- XXI. **Are person- and work-directed interventions effective for enhancing return-to-work in patients with coronary heart disease? A Cochrane Review summary with commentary**

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- TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.65, no.4, pp.402-405, 2019 (SCI-Expanded)
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- XXIII. 2017 update of the Turkish League Against Rheumatism (TLAR) evidence-based recommendations for the management of knee osteoarthritis.**
TUNCER T., CAY F., ALTAN L., GURER G., KACAR C., OZCAKIR S., ATIK S., AYHAN F., DURMAZ B., ESKIYURT N., et al.
Rheumatology international, vol.38, pp.1315-1331, 2018 (SCI-Expanded)
- XXIV. Authors' Response to a Letter to the Editor on Radial Extracorporeal Shockwave in the Management of Lateral Epicondylitis**
Capan N., Esmaeilzadeh S., Oral A., Basoglu C., Karan A., Sindel D.
AMERICAN JOURNAL OF PHYSICAL MEDICINE & REHABILITATION, vol.97, no.2, 2018 (SCI-Expanded)
- XXV. Prevalence of Rheumatoid Arthritis and Spondyloarthritis in Turkey: A Nationwide Study.**
TUNCER T., GILGIL E., KACAR C., KURTAIS Y., KUTLAY Ş., BÜTÜN B., YALÇIN P., AKARIMAK Ü., ALTAN L., ARDIÇ F., et al.
Archives of rheumatology, vol.33, pp.128-136, 2017 (SCI-Expanded)
- XXVI. Neuropathic Pain in Patients with Knee Osteoarthritis and Related Factors: A Multicenter Longitudinal Study-Preliminary Report**
KAPTANOĞLU E., ŞAHİN Ö., TUNCER T., HİZMETLİ S., Altan L., Ayhan F., Bal A., Bilgilisoy M., Bozbas G., Cerrahoglu L., et al.
ARTHRITIS & RHEUMATOLOGY, vol.69, 2017 (SCI-Expanded)
- XXVII. The effects of long- and short-term interdisciplinary treatment approaches in women with fibromyalgia: a randomized controlled trial.**
Saral I., Sindel D., Esmaeilzadeh S., Sertel-Berk H. Ö., Oral A.
Rheumatology international, vol.36, pp.1379-89, 2016 (SCI-Expanded)
- XXVIII. The utility of dual-energy X-ray absorptiometry, calcaneal quantitative ultrasound, and fracture risk indices (FRAX® and Osteoporosis Risk Assessment Instrument) for the identification of women with distal forearm or hip fractures: A pilot study.**
Esmaeilzadeh S., Cesme F., Oral A., Yaliman A., Sindel D.
Endocrine research, vol.41, no.3, pp.248-60, 2016 (SCI-Expanded)
- XXIX. Radial Extracorporeal Shock Wave Therapy Is Not More Effective Than Placebo in the Management of Lateral Epicondylitis: A Double-Blind, Randomized, Placebo-Controlled Trial.**
Capan N., Esmaeilzadeh S., Oral A., Basoglu C., Karan A., Sindel D.
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- XXX. COST REDUCTION AND BURDEN OF DISEASE IN TERIPARATIDE-TREATED PATIENTS WITH OSTEOPOROSIS AND PREVIOUS FRACTURES: A PAYER'S PERSPECTIVE**
Akarirmak U., Emral R., Gumusel B., Ketenci A., Sindel D., Tokgozoglu A. M., Tuzun S., YAVUZ D. G., ERTEKIN A., GURBUZ S., et al.
VALUE IN HEALTH, vol.19, no.3, 2016 (SCI-Expanded)
- XXXI. World Report on Disability: analysis of the disability issues and contributions of physical medicine and rehabilitation medical specialty in Turkey**
Oral A., Aydin R., Ketenci A., Akyuz G., Sindel D., Yaliman A.
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- XXXII. INVESTIGATION OF THE EFFECTIVENESS OF MUSCLE INHIBITION AND SPACE CORRECTION TECHNIQUES OF KINESIOTAPING METHOD IN FEMALE PATIENTS WITH MYOFASCIAL PAIN SYNDROME RELATED TO UPPER TRAPEZIUS ACTIVE TRIGGER POINTS**
Akpinar M. F., Ketenci A., Sindel D.
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- XXXIII. Osteoporosis and Osteopathy Markers in Patients with Mastocytosis**
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TURKISH JOURNAL OF HEMATOLOGY, vol.32, no.1, pp.43-50, 2015 (SCI-Expanded)
- XXXIV. Compliance, persistence, and preference outcomes of postmenopausal osteoporotic women receiving a flexible or fixed regimen of daily risedronate: A multicenter, prospective, parallel group study**
Oral A., LORENC R.
Acta Orthopaedica et Traumatologica Turcica, vol.49, no.1, pp.67-74, 2015 (SCI-Expanded)
- XXXV. The Effects of Mulligan's Mobilization with Movement Techniques in Patients with Lateral Epicondylitis.**
Cakmak A., Dereli E., Sindel D.
ARTHRITIS & RHEUMATOLOGY, vol.66, 2014 (SCI-Expanded)
- XXXVI. Evidence-Based Physical Medicine and Rehabilitation Strategies for Patients with Cervical Radiculopathy Due to Disc Herniation**
Oral A., Sindel D., Ketenci A.
TÜRKİYE FİZİKSEL TIP VE REHABİLTASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.60, no.1, pp.47-53, 2014 (SCI-Expanded)
- XXXVII. Elevating the Quality of Disability and Rehabilitation Research: Mandatory Use of the Reporting Guidelines**
Roth E. R., Roberts J., Gutman S. A., Frontera W. R., Chan L., Heinemann A. W., Polatajko H. J., Wade D. T., McDermott S., Turk M. A., et al.
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- XXXVIII. Osteoporosis Treatment at Present and in the Future**
Sindel D.
TÜRKİYE FİZİKSEL TIP VE REHABİLTASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.59, no.4, pp.330-337, 2013 (SCI-Expanded)
- XXXIX. Scientific Papers from Turkey in the Field of Physical Medicine and Rehabilitation YAĞCI İ., Sindel D.**
TÜRKİYE FİZİKSEL TIP VE REHABİLTASYON DERGİSİ-TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION, vol.59, no.4, pp.273-275, 2013 (SCI-Expanded)
- XL. Editorial Editörden**
Sindel D.
Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi, vol.59, no.2, 2013 (SCI-Expanded)
- XLI. CAN RADIAL SPEED OF SOUND MEASUREMENTS IDENTIFY OSTEOPOROSIS AT THE RADIUS AS MEASURED BY DXA?**
Oral A., Sindel D., Koseoglu P. K., Yaliman A.
ANNALS OF THE RHEUMATIC DISEASES, vol.72, pp.292, 2013 (SCI-Expanded)
- XLII. THE EFFECTIVENESS OF THERAPEUTIC ULTRASOUND IN NON-SPECIFIC MECHANICAL CERVICAL PAIN AND COMPARISON OF DIFFERENT APPLICATION METHODS FOR CLINICAL PRACTICE**
Çelik O. C., Ketenci A., Esmaeilzadeh S., Sindel D.
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- XLIII. Editorial Editörden**
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Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi, vol.59, no.1, 2013 (SCI-Expanded)
- XLIV. Etiopathogenesis of Osteoporosis in Rheumatic Diseases**
Sindel D., Esmaeilzadeh S., Sen E. İ.
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- XLV. TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION**
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- XLVII. **World Report on Disability: A Call to Action**
Oral A., Akyuz G., Sindel D., Aydin R.
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- XLVIII. **Editorial Editörden**
Sindel D.
Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi, vol.58, no.2, 2012 (SCI-Expanded)
- XLIX. **Management Approaches in Fibromyalgia Syndrome**
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- L. **Efficacy of Some Combined Conservative Methods in the Treatment of Carpal Tunnel Syndrome: A Randomized Controlled Clinical and Electrophysiological Trial**
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- LI. **Evidence-Based Recommendations for the Management of Knee Osteoarthritis: A Consensus Report of the Turkish League Against Rheumatism**
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Sindel D.

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- LX. **TURKISH JOURNAL OF PHYSICAL MEDICINE AND REHABILITATION** Introduction
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- LXI. **Turkiye fiziksel tip ve rehabilitasyon dergisi**
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- LXII. **Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi: Editorial** **Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi: Editörden**
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- LXVI. **Turkish Journal of Physical Medicine and Rehabilitation: Editorial** **Turkiye Fiziksel Tip ve Rehabilitasyon Dergisi: Editörden**
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- LXVII. **Postoperative Rehabilitation in Patients with Hip Fracture**
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- LXIX. **Turkish society of physical medicine and rehabilitation at 50th year of its foundation** **Turkiye fiziksel tip ve rehabilitasyon Derneği'nin kuruluşunun 50. yılında**
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- LXX. **Awareness of osteoporotic patients**
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- LXXI. **Differences between the right and the left foot in calcaneal quantitative ultrasound measurements**
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- LXXIII. **Use and side effect profile of three different non-HRT treatments used in osteoporotic women**
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- 14.Uluslararası Fizik Tedavi ve Rehabilitasyon Kongresi, Aydın, Turkey, 10 - 15 May 1993, pp.59
- XCVIII. Diz osteoartrozunda TENS'in etkinliği
ORAL A., SİNDEL D., Dilşen G.
XI. Ulusal Rehabilitasyon Kongresi, Bursa, Turkey, 6 - 11 September 1987, pp.30-31

Other Publications

- I. Authors' Response to a Letter to the Editor on Radial Extracorporeal Shockwave in the Management of Lateral Epicondylitis
ÇAPAN N., ESMAEILZADEH S., ORAL A., Başoğlu C., KARAN A., SİNDEL D.
Other, pp.1, 2017

Supported Projects

- ORAL A., ESMAEILZADEH S., SİNDEL D., KÜRSÜZ KÖSEOĞLU P., AYDIN T., YALIMAN A., Project Supported by Higher Education Institutions, The ability of calcaneal and multisite quantitative ultrasound variables in the identification of osteoporosis in women and men, 2017 - 2017
- SİNDEL D., Project Supported by Higher Education Institutions, The Effectiveness of Long-Term and Short-Term Interdisciplinary Treatment Approaches in Female Patients with Fibromyalgia, 2011 - 2011

Memberships / Tasks in Scientific Organizations

Türkiye Fiziksel Tıp ve Rehabilitasyon Derneği, Chairman, 2005 - 2010

Metrics

Publication: 228
Citation (WoS): 223
Citation (Scopus): 399
H-Index (WoS): 7
H-Index (Scopus): 13

Non Academic Experience

İstanbul Haydarpaşa Numune Hastanesi
Validebağ Öğretmenler Hastanesi
Validebağ Öğretmenler Hastanesi
Keçiören Devlet Meteroloji İşleri